



DATE _____

PART# _____

SERIAL# _____

Date of Manufacture _____

Date put into Service _____

FULL BODY HARNESS INSPECTION CHECKLIST

Harnesses must be inspected by a competent person every twelve months. Space has been provided to record the dates of the inspections on the harness label and in the user instruction manual. Prior to each use the user must visually inspect the harness for any of the following: missing labels, fall indicators, cuts, cracks, tears, abrasion, loose or damaged stitching, fraying, excessive stretching, mildew, distorted or damaged connectors, exposure to chemical, heat, or other degradation. **Any harness that fails inspection must be removed at once. Any harness that has been subjected to a fall arrest must be removed from field service and replaced.** Below is a of list common components to be inspected and to determine if there are any potential unsatisfactory conditions or faults.

FULL BODY HARNESS INSPECTION	PASS/ FAIL	COMMENTS
Webbing: Inspect for cuts or tears; abrasion damage especially where there is contact with hardware; excessive stretching; damage due to contact with heat, corrosives, solvents, or chemical attack; deterioration due to rotting, mildew, or ultraviolet exposure; and activation of load indicator(s).		
Snap hooks and carabiners: Inspect for distortion of hook or latch; cracks, forging folds, dents, sharp edges or mechanical damage; wear at inside bearing point of hook or carabiner, swivels, and latch pivot pin; open rollers; free movement of the latch over its full travel; broken, weak, or misplaced latch springs (compare if possible, with a new snap hook or carabiner); corrosion (rust); and dirt, other obstructions.		
D-rings: Inspect for distortion of D-ring; cracks, forging folds, dents, sharp edges, or mechanical damage; wear at inside bearing point of D-ring; and corrosion.		
Buckles and adjusters: Inspect for proper buckle engagement, distortion or other physical damage; cracks, forging folds, dents, or mechanical damage; corrosion; bent tongues; open rollers; and grommets, damaged or missing; strap keepers, damaged or missing.		
Sewing: Inspect for broken, cut, or worn threads; damage or weakening of threads due to contact with heat, corrosives, solvents, or mildew; cuts; abrasion or fraying; stretching; and deterioration due to ultraviolet light or mildew.		
Labels: Inspect for missing labels, legibility of markings, and appropriate standards listed.		
Load Indicator: Inspect load indicator for signs of activation. Most harnesses have two indicators on the back webbing straps, some have one load indicator. If activated remove harness from service.		

NOTES: _____

INSPECTION SIGN-OFF: PASS OR FAIL INSPECTED BY: _____ DATE: _____

Any harness that fails inspection must be removed from service at once.